



MOMENTUM
Fitness



Spring Training Starts NOW!

**Join us for these all-level circuit classes:
Work on strength, cardio, core & more!**

Monday and Wednesday evenings 6pm, Saturdays 8:30am

Session dates are March 11 – May 22!

All classes held at the Community House, Court Street in Uxbridge

Sign up in advance to SAVE YOUR SPOT!!

Enroll and pay by March 9th to take advantage of our highest discounts!

Call Rachel at 617-852-9662 or email rachel@gainyourmomentum.com